

COMMUNITY RESOURCES

Services for Children and Families

Alberta Child Health Benefit, (Alberta Rite Number (310-0000)
Then dial780-427-6848
Benefits Navigator (identifies government
benefits and credits for individuals).....www.reducepoverty.ca
Calgary & Area Child & Family Services - Child Welfare,
Calgary Communities Against Sexual Abuse 403-237-5888
Calgary Health Link (24 Hr Advice Line)..... 403-943-LINK (5465)
Canada Child Tax Benefit..... 1-800-387-1193
Children's Cottage Crisis Nursery 403-233-2273
Child & Youth Advocate 403-297-8435
ConnectTeen – 24 hour support for youth.....403-264-TEEN(8336)
.....www.CalgaryConnectTeen.com
Day Care Licensing and Subsidy 403-652-8360

Families Supporting Adoption
- Calgary Area Region..... 403-938-9442
Family and Community Support Services
(FCSS Town of Okotoks) 403-938-8935
Healthy Moms Healthy Babies 403-995-2600
High River and District Parent Link Centre..... 403-652-8633
Income Support - Social Assistance
(Alberta Works) 403-297-2020

Literacy for Life Foundation,..... 403-652-5090
McMan Journeys Family Development Program... 403-933-6122
Money Mentors 403-718-0022
Okotoks Licensed Child Care,
<http://www.child.alberta.ca/home/ChildCareLookup.cfm>
Okotoks Healthy Family Resource Centre 403-995-2626
Okotoks Food Bank..... 403-651-6629
Okotoks Toy Library 403-938-7884
Okotoks Volunteer Services..... 403-938-8936
Provincial Ombudsman 310-0000 then..... 403-297-6185
St. Vincent de Paul Society 403-938-0562
Salvation Army Family Services 403-652-7530
Wild Rose Community Connections
(Family Support)..... 403-601-2910

Health Services

Access Mental Health 403-943-1500
Alberta Health Care Insurance 310-0000 then... 780-427-1432
Calgary Health Link – 24 Hour Advice Line..... 403-943-LINK(5465)
Distress Centre 24 Hour Crisis Line.....403-266-HELP(4357)
Foothills Country Hospice 403-995-4673
Okotoks Health and Wellness Centre - Homecare,
Public Health Nurses, Sexual Health Coordinator,
Speech Language Pathologist, Community Care
Services, Rehabilitation, Mental Health Services.. 403-995-2600
Teen/Young Adult Clinic..... 403-995-2670
Canadian Cancer Society Information Service...1-888-939-3333
Canadian Mental Health Suicide Services 403-297-1744
Cancer Support Group, Shirley 403-938-4350
Grief Support Group..... 403-931-2364
Alberta Health Services Mobile Response Team...403-266-HELP(4357)
Mental Health Services (For appointments) 1-877-652-4700
Protection of Persons in Care..... 1-888-357-9339
Support Group for People with Vision Loss..... 403-995-4179

Addictions

Alberta Health Services Addictions and Smokers
Help Line.....1-866-332-2322
Alberta Health Services Addictions and Mental
Health - Adult Services403-297-3071
Alberta Health Services Addictions and Mental
Health - Youth Services403-297-4664
Alcoholics Anonymous(AA) (24 hour line).....403-777-1212
Alanon (24 hour line).....1-888-425-2666
Distress Centre 24 Hour Crisis Line.....403-266-HELP(4357)
Renfrew Recovery Centre403-297-3337
Narcotics Anonymous Help Line403-991-3427

Emergency Shelters

Toll Free Line(**connects caller to closest shelter**)1-866-331-3933
Calgary Women's Shelter403-232-8717
Rowan House Emergency Shelter403-933-3370
Sheriff King Family Support Centre403-266-0707
Wheatland Communities Crisis Society Shelter ...403-934-6634

Subsidized Housing

Foothills Foundation403-938-6404
Skotoko Housing Cooperative403-938-5520
Main Street Village, Black Diamond403-933-7455

Services for People with Disabilities

Alberta Disabled Foundation403-262-5172
Cause and Effect, Early Intervention Services403-652-1503
Foothills Fetal Alcohol Society403-652-4776
Foothills Advocacy in Motion Society403-652-4161
Foothills Therapeutic Riding Association,
Karie Wilson403-652-4029
Foothills Special Needs Association for Parents & Siblings
(SNAPS)403-603-3232
Community Access Program (Town of Okotoks)...403-995-2773
Special Olympics, Carla Schmidt403-652-2299

Services for Seniors

Adult Day Support Program403-601-1790
Alberta Health Services Home Care403-995-2600
Community Access Program (Town of Okotoks)...403-995-2773
Foothills Foundation (Housing) Sandstone Lodge 403-938-6404
Meals on Wheels403-938-6404
Okotoks & District Seniors Club,
Jackie Riley403-995-4107
Seniors Information Line.....1-800-642-3853
Senior's Income Security Programs
(CPP, OAS).....1-800-277-9914

Community Safety/Justice

Municipal Enforcement403-938-8913
Calgary Communities Against Sexual Abuse403-237-5888
Citizens on Patrol (COP), Gary Duchak403-938-5507
Calgary Legal Guidance403-234-9266
Community Mediation, Calgary (free).....403-269-2707
Dial A Law403-234-9022
Foothills Regional Victims Services Association ...403-652-2359
Okotoks Block Parent Program, Donna Fox403-938-4396
Okotoks Range Patrol,403-938-7046
Calgary South Probation403-297-2350
RCMP- Administration403-938-7046

Youth Justice Committee, Karen Love 403-536-8947

Employment Services

Career Information Hotline 1-800-661-3753
Careers, Learning & Employment Information www.alis.gov.ab.ca
Employment Insurance..... 1-800-206-7218
..... www.servicecanada.gc.ca
McBride Career and Employment Services
Okotoks Office..... 403-995-4377
High River Office 403-601-2660
Social Insurance Number Applications 403-995-4377

Non Profit Organizations

Community Futures Highwood 403-995-4151
DAREWorks Foothills Society 403-601-3406
Foothills Fetal Alcohol Society 403-652-4776
Foothills Advocacy in Motion Society 403-652-4161
Foothills Centennial Centre Foundation
 Judy Oncescu 403-938-4059
Foothills Centennial Centre 403-938-2907
Foothills Community Immigrant Services
Okotoks Office..... 403-938-4699
..... (Cellular) 403-601-4324
High River Office 403-652-5325
Foothills Country Hospice Society..... 403-995-4673
Foothills Special Needs Association for Parents and
Siblings (SNAPS), Orvella Small..... 403-603-3232
Foothills Regional Victim Services Association 403-652-2359
Friends of the Okotoks Library, Jaime Perron..... 403-995-0858
Healthy Okotoks Coalition, Wayne Meikle 403-938-7083
Kidsport Okotoks, Nick Ruigrok..... 403-831-7529
Literacy for Life Foundation..... 403-652-5090
Okotoks and District Chamber of Commerce 403-938-2848
Okotoks Catholic Chapter – Canadian Parents for French,
 Beverly Beaulne 403-938-0727
Okotoks Food Bank,..... 403-651-6629
Okotoks Newcomers Club, Linda White 403-938-1680
Okotoks Pro Rodeo..... www.okotoksprorodeo.com
Okotoks Toy Library 403-938-7884
Pound Rescue, Gabriele Barrie 403-938-4890
Sheep River Health Trust 403-995-5400
United Way/Okotoks Partnership 403-410-1936

Community Clubs and Societies

Citizens for a Sustainable Okotoks,
 Jannifer Calvez 403-938-6106
DeWinton Community Association,
 Greg Davenport..... 403-938-2525
Elks Hall (Rental), 403-938-4969
Okotoks Agricultural Society, 403-938-3256
..... www.okotoksag.com
Okotoks & District Seniors Club,
 Jackie Riley 403-995-4107

Culture

Chinook Country Quilters, Clarie Leitch 403-938-2974
Dewdney Players Group Theatre, Debbie Sands.. 403-938-3013
Foothills Music Society (Concert & Jazz Bands),
 Mike Mattson 403-938-5923
Okotoks and District Historical Society,
 Marie Wedderburn 403-995-2018

Okotoks Arts Council.....403-938-3204

Education

Playschool Programs (Caregiver and Child)

Okotoks Playgroup, Carol Faye403-938-2779

Preschool Programs

Les Petits Rayons de Beausoleil, Isabelle Saindon403-615-3561

Okotoks Montessori Preschool and Kindergarten

Sharlene Brown.....403-938-0400

Okotoks Pre-School Academy, Carolyn Reinhardt403-995-1438

..... okotokpreschoolacademy.com

Open Arms Catholic Preschool, Elise Allen403-852-8273

Serendipity Pre Kindergarten403-938-2811

Sunshine Nursery School, Margaret Agnew403-938-5046

.....403-255-3406

Kidstop Childrens Centre, Director.....403-995-4610

.....kidstopdirector@shaw.ca

Kindergarten

Big Rock Kindergarten403-938-6666

Good Shepherd Kindergarten403-938-4318

Dr. Morris Gibson Kindergarten403-938-6221

Percy Pegler Kindergarten403-938-4449

St. Mary's Kindergarten403-938-8048

Public Schools

Administration

Foothills School Division Office #38

www.fsd38.ab.ca.....403-652-3001

Laurie Copland (Trustee)403-938-0470

Elementary

Big Rock Elementary School,

bigrock.fsd38.ab.ca403-938-6666

Dr. Morris Gibson Elementary School,

drgibson.fsd38.ab.ca403-938-6221

Percy Pegler Elementary School,

percypegler.fsd38.ab.ca403-938-4449

Junior High

Okotoks Junior High School,

okotoksjr.fsd38.ab.ca403-938-4426

Cameron Crossing403-938-6072

High School

Alberta High School of Fine Arts403-938-6116

Foothills Composite High School,

fchs.fsd38.ab.ca403-938-6116

Education Plus,403-938-3882

Francophone Public Schools

Ecole Beausoleil,.....403-995-1160

Catholic Schools

Administration

Christ the Redeemer Catholic

Separate Regional Division Office

www.redeemer.ab.ca403-938-2659

Elementary

Good Shepherd School (Grades K-6),403-938-4318

St. Mary's School (Grades K-6),403-938-8048

Junior High

John Paul II Collegiate (Grades 7-9), 403-938-4600

High School

Holy Trinity Academy (Grades 10-12),..... 403-938-2477

St. Luke's Outreach Centre 403-995-0584

Home Schooling

The Centre for Learning @ HOME,..... 403-938-4119

Okotoks Home Schooling Services 403-938-4119

St. Paul's Academy - the Virtual School, 403-938-4119

Foothills School Division Home Education 403-938-6072

Okotoks Home School Co-op..... 403-982-3610

Private Schools

Edison Private School,

Beth Chernoff (Admissions) 403-938-7670

Strathcona Tweedsmuir School 403-938-4431

Adult Education

Bow Valley College, Upgrading..... 403-410-1400

Foothills Continuing Education Council 403-850-2187

Olds College..... 1-800-661-6537

Churches

Big Rock Baptist Church, 403-938-3063

Church of Jesus Christ of Latter Day Saints 403-938-6356

Foothills Victory Church, 403-826-4335

Grace Lutheran Church, 403-938-3515

Holy Cross Lutheran Church, 403-938-4979

Okotoks Alliance Church, Pastors,

Craig Somerville,..... 403-938-2614

Okotoks Evangelical Free Church, 403-938-3311

St. James Catholic Church,..... 403-938-3122

St. Peter's Anglican Church 403-938-4261

the sheep – Okotoks Community Church..... 403-938-4123

Trinity Mennonite Church 403-256-7157

United Church of Canada, 403-938-4357

Church Youth Groups

Evangelical Free Church Pioneer Club 403-938-3311

Evangelical Free Church Boys Brigade..... 403-938-3311

Evangelical Free Church Girl Club..... 403-938-3311

Evangelical Free Youth Group, 403-938-3311

Grace Lutheran Youth Program 403-938-3515

LDS Young Women 403-938-9442

Okotoks Alliance Children and Youth Ministry,

..... 403-938-2614

Okotoks United Youth Group 403-938-4357

St. James Youth Group..... 403-938-3122

St. Peter's Youth Ministry,..... 403-938-4261

Church Adult Groups

Okotoks Alliance Women's & Men's Ministry, 403-938-2614

St. James Catholic Women's League (CWL) 403-938-3122

St. James Knights of Columbus: 403-938-3122

Harmony: Ruby Loucks..... 403-938-4518

Community Youth Groups

Airdrie 4-H Office,

Rob Smith..... 310-0000/ 948-8501

First Okotoks Beavers, Cubs & Scouts,

.....www.corinthians22.ca
Okotoks Community Garden, Chris Mills.....millscj@telus.net
Okotoks Gardening Club, Vivian Hirsch 403-938-2051
Okotoks Lions Club,403-938-0140
Okotoks Rotary Club, John Lockhart.....403-995-4151
Order of Royal Purple, Karen McLeod 403-938-4124
Time Out, Claire Leitch 403-938-2974

Adult Sports

Big Rock Runners.....www.bigrockrunners.ca
Bruins Hockey Club, Cameron Stuart403-618-4178
Foothills Phantom Women's Hockey Team,
..... narad@telus.net
Foothills Shuffleboard Association
Ken Wardley.....403-652-7552
Marg Mowat403-601-2612
Hi-Lites Hockey Team (47+ Sr. Mens Hockey),
Kevin Knibbs 403-938-3496
Master Swim Club,.....www.okotoksmasters.com
Mixed Slowpitch Fun League,, Lani Johnson 403-938-1712
Percy Pegler Men's Slowpitch, Rob Lipsett 403-938-5699
NSA Canada, Slowpitch 403-250-9655
Okotoks Bisons Junior Hockey Club, www.okotoksbisons.com
Okotoks Masters Swim Club.....www.okotoksmasters.com
Okotoks Oilers Jr. A Hockey Clubwww.okotoksoilers.com
Okotoks Curling Clubwww.okotokscurlingclub.com
Grey Owl Super League (Wed. a.m.) Mike Gerald 403-938-1371
.....www.okotokscurling.com
Okotoks Fish and Game, Siegfried Honsek 403-938-3935
Okotoks Rifle and Pistol Club.....403-257-0905
Okotoks Recreational Co-ed Adult Soccer
(ORCAS) Dave Bown..... 403-995-1144
Okotoks Tennis Club.....www.okotokstennis.com
Old-Timers Hockey, Marty MacMillan 403-938-5167
Spoilers Hockey Club Cliff Roberts 403-938-5498

Provincial and Federal Elected Representatives

Provincial: MLA George Groeneveld.....403-938-7774
Federal: MP Ted Menzies..... 1-866-636-9437

For any changes on the Community Resources Pages please call 403-995-2773.